

CLASS ATTIRE



CLASS ATTIRE REQUIREMENTS



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Personal Hygiene

As you all know, Presentation and the Overall look of a Dancer, in class and in dance numbers is a key part of your child's success.

As experienced Teachers, Educators and Adjudicators, we believe that part of this presentation includes **Personal Grooming**.

We say this as delicately as possible, for **ALL Dancers** - **Underarm Care**.

As much as we understand we would like to keep our children just that – children... for as long as possible, however, there comes a point in their Dance Career at the studio or further down the road if they pursue the art form, where we can no longer avoid the topic of underarm care.

We therefore respectfully ask that you as parents please discuss the importance of shaving with your Female Dancer (please check if this is a concern now, as girls can develop quickly ...unannounced to us moms).

Another subject to discuss is the use of **DEODORANT** for all **Male And Female Dancers**.

ALL DANCERS should have deodorant in their dance bags from approx. the age of 8 years and up

We do understand that in this day and age, there can be a concern for products and their chemical content so provided below are some alternatives to the regular drug store products (most drug stores though do offer a natural product called TOM'S).

- 1) Mix coconut oil with cornstarch, baking soda, and your favorite essentials oils for a natural deodorant that smells fantastic (coconut oil is also a great natural makeup remover)
- 2) Lavender oil - rub 2-4 drops of this oil over the armpit area

THANK YOU FOR YOUR ATTENTION TO THIS MATTER

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DANCERS MUST DRESS/LOOK PROFESSIONAL TO BE AT THEIR BEST IN A DANCE CLASS
SLOPPY CLOTHING IS NOT APPROPRIATE FOR ANY DANCE CLASS
DANCERS MAY BE ASKED TO LEAVE CLASS IF THEIR ATTIRE IS
CONSISTENTLY INAPPROPRIATE
ALL BALLET DANCERS MUST HAVE THEIR HAIR IN A CLASSICAL BUN
NO SLOPPY HALF-DONE BUNS/HAIR PLEASE
NO SPORT BRAS OR BRAS VISIBLE
NO JEWELRY – SMALL STUD-TYPE EARRINGS OK – NO HOOPS, NO WATCHES, BRACELETS, OR NECKLACES

BABY BALLET 1-2 YEAR OLDS & PARENT/CAREGIVER	<p>Footwear: Bare Feet Or Dance/Gymnastics Slippers. NO outdoor footwear.</p> <p>GIRLS: Leggings and a Shirt/Dance Dress. Bodysuit and tights are welcome, but not necessary. Hair off the Face and up if long.</p> <p>BOYS: Sweat Pants/Athletic Shorts & A T-Shirt (no button-down shirts), gymnastics onesies may be worn</p> <p>PARENT/CAREGIVER: Yoga, Dance Or Gym/Workout Attire is most suitable. Hair off the face (as much as possible)</p>
TEDDY BEARS & TUTUS 4 EVER DANCERS 5 STAR CLASSES PDA PRE-SCHOOL	<ul style="list-style-type: none"> • Hair MUST BE UP and OFF OF THE FACE...FOR ALL CLASSES • Hair MUST be in a BUN for 4 EVER DANCERS & 5 STAR CLASSES • Full foot tights must be worn • Undergarments should <u>NOT</u> be worn under tights.
TEDDY BEAR & TUTUS	<p>Mondor “True” Pink Bodysuit (style #1645) Ballerina Pink Tights (micro fibre) Pink Ballet Slippers With Elastic Drawstring.</p> <p>Optional: “True” Pink Skirt (style #6207)</p>
4 EVER DANCERS <i>(Ballet & Tap)</i> 5 STAR COMBO <i>(Ballet & Tap)</i> PDA PRE-SCHOOL <i>(Ballet & Jazz)</i>	<p>Mondor “True” Pink Bodysuit (style #1645) Ballerina Pink Tights (micro fibre) Pink Ballet Slippers With Elastic Drawstring. Black Patent Tap Shoes. Jazz shoes are NOT required for PDA Preschool</p> <p>Optional: “True” Pink Skirt (style #6207)</p>

BALLET SLIPPERS & TAP SHOES MUST FIT. IF THEY ARE TOO BIG THEY DISTORT THE LINE OF THE FOOT.

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<p>Pre-Primary Ballet & Primary Ballet</p> <p>PD Novice Ballet</p>	<p>Short Sleeve Lilac Bodysuit (Mondor - RAD)</p> <p>Lilac Wrap Skirt (Mondor - RAD)</p> <p>Ballerina Pink Ballet Tights (micro fibre, non-seamed)</p> <p>Full Soled Soft Italian Leather Pink Ballet Slippers With Elastic Drawstring</p>
<p><u>PLEASE NOTE!</u></p>	<p style="text-align: center;">BALLET SLIPPERS MUST FIT CORRECTLY, WITH A LITTLE GROWING ROOM. IF THEY ARE TOO BIG THEY DISTORT THE LINE OF THE FOOT.</p>
<p>Ballet Grade Levels 1- 5</p> <p>PD Petite Ballet</p> <p>PD Youth Ballet</p> <p>PD Tween Ballet</p>	<p>Sleeveless Navy Blue Mondor Bodysuit with Matching Waist Elastic</p> <p>Also available in Lycra Material 😊</p> <p>Ballerina Pink Tights (Micro Fibre, Non-Seamed)</p> <p><u>Grades 1 & 2:</u></p> <p>Soft Italian Leather Pink Ballet Slippers - Elastic Drawstring.</p> <p><u>Grades 3 - 5:</u></p> <p>Soft Italian Leather Pink Ballet Shoe - Elastic Drawstrings.</p> <p><u>“Grade” Labelled Ballet Classes ONLY:</u></p> <p>Navy Blue Character Skirt (purchased through the studio)</p> <p>Black Canvas Character Shoes</p> <p><u>Ballet Levels 1 & 2:</u> Black Canvas Character Shoes Low Heel Only</p> <p><u>Ballet Levels 3 - 5:</u> Black Canvas Character Shoes (Higher Square Heel)</p>
<p>Ballet Grade Levels 6 & up</p>	<p>Sleeveless Black Bodysuit, Any Style</p> <p>Ballerina Pink Ballet Tights (Seamless, Micro-Fibre)</p> <p>Soft Italian Leather Pink Ballet Slippers - Elastic Drawstring (Or Canvas Shoes Are Accepted)</p> <p>Navy Blue Character Skirts are required</p> <p><u>Ballet Grade Levels 6 :</u></p> <p>Black Canvas Character shoes (Higher Square Heel)</p>

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<i>Vaganova Ballet All Levels/Classes</i>	ANY Solid Colour Bodysuit - Any Style NO SPORT BRAS OR BRAS VISIBLE Ballerina Pink Ballet Tights Micro-Fibre, Seamless Tights Canvas or Leather Ballet Shoes
PLEASE NOTE	BALLET SLIPPERS MUST FIT CORRECTLY, WITH A LITTLE GROWING ROOM. IF THEY ARE TOO BIG THEY DISTORT THE LINE OF THE FOOT.
<i>All Teen Ballet</i>	Black Or Navy Bodysuit - Any Style NO SPORT BRAS OR BRAS VISIBLE Pink Ballet Tights (Micro-Fibre, Seamless) Soft Leather Pink Ballet Slippers With Elastic Drawstring.
<i>Boys Ballet Attire</i>	Black Shorts Above The Knee White Tank Top, Black Ballet Slippers With Elastic Black Socks. ALL Boys ages 11 And Up Must Wear A Dance Belt
<i>Pre-Pointe Class</i>	Black Bodysuit ONLY - Any Style NO SPORT BRAS OR BRAS VISIBLE Convertible Ballerina Pink Ballet Tights Soft Blochs with Ribbons- the fit must be approved by the Instructor
<i>Pointe Classes</i>	Black Bodysuit ONLY - Any Style NO SPORT BRAS OR BRAS VISIBLE Convertible Ballerina Pink Ballet Tights – with Seams Pointe Shoes with Ribbons – must be approved and fitted professionally and not ‘broken’
ALL ABOVE CLASSES	Warm-Up & Winter Layers must be fitted with NO HOODS or Zippers
<i>Adult Ballet</i>	Any Style Dancewear (Bodysuit, Chiffon Wrap Skirt) Ballet Slippers.

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<p>Contemporary/Modern</p> <p>Jazz/Lyrical Combo</p> <p>Lyrical</p> <p>All Levels/Classes</p>	<p>Any Style Plain Coloured Bodysuit - NO BRAS VISIBLE</p> <p>Tights – Pink or Light Tan Tights</p> <p>Or A Bodysuit And Fitted Dance Shorts/Black Leggings Are Also Acceptable.</p> <p>SHORTS MUST BE at least 3” IN THE INSEAM</p> <p>‘Bloch” Tan Split-Soled Jazz Shoes Or Foot Thongs/ Paws.</p> <p>Warm-up attire for the start of class ONLY is allowed.</p> <p>Hair Up And Back Off The Face.</p> <p>NO STREET CLOTHES ALLOWED.</p>
<p>Musical Theatre</p> <p>All Levels/Classes</p>	<p>Any Style Black Bodysuit - NO BRAS VISIBLE</p> <p>Ballerina Pink Tights Or Light Tan Tights</p> <p>Or A Bodysuit And Fitted Dance Shorts/Black Leggings Are Also Acceptable.</p> <p>“Bloch” Tan Split-Soled Jazz Shoes.</p> <p>Hair Up And Back Off The Face.</p> <p>NO STREET CLOTHES ALLOWED.</p>
<p>Acro</p>	<p>ANY Colour BODYSUIT and Dance Shorts or Sports/Dance Leggings</p> <p>SHORTS MUST BE AT LEAST 3” IN THE INSEAM</p> <p>Bare feet or any gymnastic shoe is acceptable...no socks please!</p> <p>Hair up and back off the face.</p> <p>NO STREET CLOTHES ALLOWED.</p>
<p>Conditioning</p> <p>All Levels/Classes</p>	<p>Any Style Appropriate Dancewear; ‘Bloch” Tan Or Black Split-Soled Jazz Shoes, Or Bare Feet</p> <p>(This Will Be Determined By The Instructors)</p>

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All PD Jazz Classes	<p>Any Style Black Bodysuit - NO BRAS VISIBLE Ballerina Pink Tights Or Light Tan Tights Or A Bodysuit And Fitted Dance Shorts/Black Leggings Are Also Acceptable. ‘Bloch” Or “Capezio” Tan Split-Soled Jazz Shoes</p> <p>T-SHIRTS OR NON-FITTED OR NON-DANCE TANK TOPS AND SLOPPY CLOTHING ARE NOT ACCEPTABLE DANCE ATTIRE AND WILL NOT BE PERMITTED IN CLASS AT ANY TIME.</p>
All CD Mini – Pre-Int Jazz Teen Jazz	<p>Any Style Black Bodysuit - NO BRAS VISIBLE Pink, Beige, Or Black Tights Black Fitted Jazz Pants, Or Black Dance Shorts Or A Bodysuit and Fitted Dance Shorts/Black Leggings Are Also Acceptable. SHORTS MUST BE at least 3” IN THE INSEAM</p> <p>‘Bloch” Or “Capezio” Tan Split-Soled Jazz Shoes</p> <p>T-SHIRTS OR NON-FITTED OR NON-DANCE TANK TOPS AND SLOPPY CLOTHING ARE NOT ACCEPTABLE DANCE ATTIRE AND WILL NOT BE PERMITTED IN CLASS AT ANY TIME. PLEASE SET A GOOD EXAMPLE FOR THE YOUNGER DANCERS 😊</p>
CD Intermediate- Sr. Jazz	<p>Any Style/Color Appropriate Dance Wear - NO BRAS VISIBLE Appropriate Footwear. Fitted Dance Short or Black Leggings SHORTS MUST BE at least 3” IN THE INSEAM</p> <p>T-SHIRTS OR NON-FITTED OR NON-DANCE TANK TOPS AND SLOPPY CLOTHING ARE NOT ACCEPTABLE DANCE ATTIRE AND WILL NOT BE PERMITTED IN CLASS AT ANY TIME. PLEASE SET A GOOD EXAMPLE FOR THE YOUNGER DANCERS 😊</p>
Boys Jazz	<p>Black Jazz Pants Or Shorts; White T-Shirt Or Tank Top Black Socks, Black Jazz Shoes.</p> <p>All Boys Aged 11 And Up MUST Wear A Dance Belt To Class.</p>

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Hip Hop	<p>Jeans are NOT PERMITTED. NO Street Clothes and Hair must be up – NO EXCEPTIONS</p> <p><u>ATTIRE: (Dancers Must Purchase The Following)</u> Black Sweat Pants Any White Plain T-Shirt OR Tank Top</p> <p>BLACK – NON-MARKING SOLE INDOOR RUNNERS (Dancers Must Purchase Runners themselves)</p> <p>ALL HIP HOP (FEMALE) DANCERS MUST HAVE THEIR HAIR UP AND OFF THEIR FACE IN A PONYTAIL. DANCERS WHO COME TO CLASS WITH THEIR HAIR DOWN AND NOT DRESSED IN THE APPROPRIATE PDA CLOTHING WILL BE ASKED TO NOT PARTICIPATE IN THAT DANCE CLASS...NO EXCEPTIONS</p>
Bollywood	<p>Jeans are NOT ALLOWED. NO Street Clothes</p> <p><u>ATTIRE: (Dancers Must Purchase The Following)</u> Fitted Tank Top – Dancewear Style ONLY – NO LOOSE FITTING TOPS (Eg, Iviva/LuLu Lemon) - NO BRAS VISIBLE Bare Feet Are Acceptable Black Leggings OR Black Shorts SHORTS MUST BE at least 3" IN THE INSEAM</p> <p>ALL BOLLYWOOD (FEMALE) DANCERS MUST HAVE THEIR HAIR UP AND OFF THEIR FACE IN A PONYTAIL. DANCERS WHO COME TO CLASS WITH THEIR HAIR DOWN AND NOT DRESSED IN THE APPROPRIATE PDA CLOTHING WILL BE ASKED TO NOT PARTICIPATE IN THAT DANCE CLASS...NO EXCEPTIONS</p>

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<p>Tap Shoes Must Have A Slight Bit Of Growing Room If Necessary, But Please NOT Too Big!!</p>	
<p>PD Novice Tap PD Petite Tap</p>	<p>Any Style Black Bodysuit Ballerina Pink Or Light Tan Tights “Caramel” Tap Shoes “Mary Janes #3800</p>
<p>PD Youth Tap PD Tween Tap PD Teen Tap CD Mini & Junior Tap</p>	<p>Any Style Black Bodysuit Ballerina Pink, Light Tan Or Black Tights, Tan Cuban-Heeled Show Tapper S0323 Shoes</p>
<p>CD Apprentice Tap CD Pre-Int Tap</p>	<p>Any Style Black Bodysuit, Pink Or Light Tan Tights Tan Cuban-Heeled Show Tapper S0323 Shoes</p> <p>Black Lace Up Shoes Are Not To Be Purchased Without Permission Of The Director(s) or Instructor First.</p>
<p>Int. Tap & Up</p>	<p>Any Style or Color Appropriate Dancewear And Appropriate Footwear. Black Low-Heeled Tap Shoes May Be Worn Oxford Full Sole shoes only – NO slip-on tap shoes please</p> <p>Please speak with the Director(s) or Instructors FIRST about your shoes</p>
<p>Boy's Tap</p>	<p>Black Shorts Or Jazz Pants and a White T-Shirt Or Tank Top Black Socks, Black Tap Shoes –</p> <p>All Boys Aged 11 And Up Must Wear A Dance Belt To Class</p>